

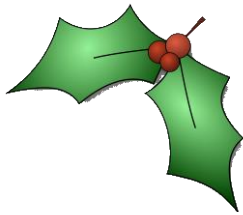
# Newsletter

December 2018



## Happy Christmas

All the team wish you and your family a Happy Christmas



0115 977 0224

[Southglademedicalpractice.nhs.uk](http://Southglademedicalpractice.nhs.uk)



[/southglademedical](https://www.facebook.com/southglademedical)

## Welcome to the first edition of our new monthly newsletter.

We hope that you will find the information in this useful. We will also use the newsletter to keep you updated on key health topics as well as important practice information

If you would like this emailed to you on a monthly basis please email us at: [ncccg.southglademedicalpractice@nhs.net](mailto:ncccg.southglademedicalpractice@nhs.net)

## Nottingham City GP Alliance –

Thank you to you all for your support

Since we took over running Southglade on the 1<sup>st</sup> April this year, the new members of the team have really enjoyed meeting and getting to know our patients. For the team who were here previously they have helped provide continuity of care to ensure we continue to improve the service we offer our patients.

We are delighted that our survey results show an increasing satisfaction with the surgery and that comments highlight how friendly, caring and helpful the team are.



## Practice closures over Christmas;

Christmas Day (Tues 25<sup>th</sup> Dec)

Boxing Day (Weds 26<sup>th</sup> Dec)

New Year's Day (Tues 1<sup>st</sup> Jan)

From the 24<sup>th</sup> December till 31<sup>st</sup> December, when the practice is open we will be offering book on the day appointments only.

If you require repeat medications over Christmas please remember to order early.



## Get the Flu jab and not the Flu!

If you have been invited for a flu jab because you have a long term condition such as Diabetes we would urge you to contact the practice and book an appointment.

Many of our younger patients with Diabetes, Asthma etc don't think that they will catch flu or that it isn't serious.

If you really have flu you would not be able to get out of bed or get to the surgery, it is a serious illness for those with medical conditions and can kill. If you know anyone who should be vaccinated please encourage them to book an appointment.



## Registering NEW NHS patients now

Since taking over the practice our patient numbers have been steadily increasing and to ensure we continue with our great service we have added in additional appointments with GPs and Advanced Nurse Practitioners (ANPs).

We are still accepting new patients. To register, pop in to pick up a registration form or download a form from our website.



## Southglade Medical Practice

**Opening Hours: Mon to Fri 8.00am – 6.30pm**

Appointments are offered with GPs, ANPs, Practice Nurses and HCAs.

Patients can also access evening and weekend appointments at the GP+ service in Nottingham city centre. There is also a brand new Stop Smoking Service called "Stub It!" that is not available through GP+.

For medical advice outside of these times please call 111.